

● A stereoscopic version of **Pac-Man** appears to help convergence insufficiency patients learn to align their eyes, according to a small York University study conducted in partnership with the University of Waterloo's School of Optometry. Patients with the condition played this version of the classic videogame 20 minutes a day for five days a week through a period of two weeks. Results revealed that as patients progressed through Pac-Man, their eye coordination improved, and some reported less eyestrain when viewing closely located objects. (Visit: www.yorku.ca/alumni/alumnimatters/jan-09/am_jan-09_eye-Coordination.php for more information.)